

RENAL/KIDNEY ULTRASOUND
PREP INSTRUCTIONS

EXAM DATE:

EXAM TIME:

Your doctor has ordered an examination of your kidneys. For the exam you will be asked to change into a gown and lie down on the ultrasound table. The ultrasound technologist will apply warm jelly to the area needing to be scanned and will take ultrasound pictures of the area. During the exam you will be asked to turn in different positions while lying on the exam table.

Depending on your appointment time, please eat lightly for breakfast or lunch. About 30 minutes before your exam time, please drink a half glass of water. This will hydrate your kidneys much better. You may empty your bladder if needed, as this study does not require a full bladder.

If you have any questions or need to reschedule your appointment please contact the Radiology Department at (256) 955-8888 extension # 1800 or 1-800-223-9531 extension # 1800.