

OCCUPATIONAL HEALTH SCREENING FORM

Reason for Visit:

Date:

Patient Information				
Name	DOB	DoD ID or Full SSN:		
Organization/Program		Job Title & Job Series		
Work Number		Cell Number:		
Email:	Supervisor:	Supervisor's Phone:		
Personal medical history (check all that apply)				
☐ No known medical conditions ☐ Allergies (Drug, Food, Environmental) ☐ Anemia ☐ Anxiety ☐ Arthritis ☐ Asthma ☐ Autoimmune Disorder (Specify: _____) ☐ Cancer (Specify: _____) ☐ Congestive heart failure ☐ COPD / Emphysema ☐ Depression ☐ Diabetes (Type 1 / Type 2) ☐ Epilepsy / Seizures ☐ GERD (Acid Reflux) ☐ Glaucoma ☐ Gout ☐ Heart Attack / Heart Disease ☐ High Blood Pressure (Hypertension) ☐ High Cholesterol ☐ HIV/AIDS ☐ Kidney Disease / Kidney Stones ☐ Liver Disease / Hepatitis ☐ Migraines ☐ Osteoporosis ☐ Sleep Apnea ☐ Sleep: Insomnia/Difficulties ☐ Stroke ☐ Substance Abuse (Alcohol / Drugs) ☐ Thyroid Disease (Hypo / Hyper) ☐ Tuberculosis ☐ Ulcers				
Other medical issues:				
Medications				
Name(s)	Dosage(s)	Frequency	Reason for Taking	Note(s)
Medication Allergies/Reaction Name of Medication(s): ☐ No medication allergies Reaction(s):				
Allergy to Latex: Yes ☐ No ☐ If yes, reaction:				

Surgeries (site and date)		
Social history		
Factor	Check one	Most recent date (if applicable)
Tobacco Use	☐ Cigarettes ☐ Cigars ☐ Chew/Dip ☐ Vape ☐ Quit ☐ Never Used	
Alcohol Use	☐ Occasional ☐ Moderate ☐ Heavy ☐ Don't Drink	
Caffeine (Coffee, Tea, Soda, Energy Drinks)	☐ No ☐ Yes (amount per day)	
Pre/Post Workout Supplements	☐ No ☐ Yes [] Times per week	
Exercise Routine	[] Times per week	
Sleep	[] Hours a night	
Living Situation: ☐ With roommates ☐ With S/O ☐ With family ☐ Other:		
Additional Notes <i>By providing my name (full name: first and last), date of birth (DOB) and today's date, I hereby certify that, to the best of my knowledge, the above provided information is true and accurate.</i> Patient name: _____ DOB: _____ Date: _____		
Staff Section: Vitals: Height: _____ Weight: _____ BMI: _____ BP: _____ HR: _____ Resp: _____ Temp: _____ O2Sat: _____ Repeat vitals: Nurses Notes: Providers Notes:		

AUTHORIZATION FOR DISCLOSURE OF MEDICAL OR DENTAL INFORMATION

PRIVACY ACT STATEMENT

AUTHORITY: Public Law 104-191, Health Insurance Portability and Accountability Act of 1996; 10 U.S.C. Chapter 55, Medical and Dental Care; DoD Manual (DoDM) 6025.18, Implementation of the Health Insurance Portability and Accountability Act (HIPAA) Privacy Rule in DoD Health Care Programs; and E.O. 9397 (SSN).

PRINCIPAL PURPOSE(S): DD Form 2870 collects patient data and a patient's, or their parent's or legal representative's, authorization for a military treatment facility or dental treatment facility or DoD health plan to use or disclose an individual's protected health information.

ROUTINE USE(S): To third parties or individuals as per your written authorization.

APPLICABLE SORN: EDHA 07, Military Health Information System (June 15, 2020; 85 FR 36190). <https://dpclid.defense.gov/Portals/49/Documents/Privacy/SORNS/DHA/EDHA-07.pdf>

DISCLOSURE: Voluntary. If you choose not to provide your information, no penalty may be imposed and there will be a non-release of the protected health information. This form will not be used for authorization to disclose substance abuse information or treatment, if any, within your medical records nor will it be used to authorize the use or disclosure of psychotherapy notes, if any, within your medical records.

SECTION I - PATIENT DATA

1. NAME (Last, First, Middle Initial)	2. DATE OF BIRTH (YYYYMMDD)	3. SOCIAL SECURITY NUMBER
4. PERIOD OF TREATMENT: FROM - TO (YYYYMMDD)	5. TYPE OF TREATMENT (X one) ☐ BOTH ☐ INPATIENT ☒ OUTPATIENT	

SECTION II - DISCLOSURE

6. I AUTHORIZE Fox Army Health Center Occupational Health Clinic TO RELEASE MY PATIENT INFORMATION TO:
(Name of Facility/TRICARE Health Plan)

a. NAME OF PERSON OR ORGANIZATION TO RECEIVE MY MEDICAL INFORMATION Hiring civilian Personnel Agency/Human Resources and/or Supervisory Personnel	b. ADDRESS (Street, City, State and ZIP Code) 4100 Goss Road Redstone Arsenal, AL 35809-7000
c. TELEPHONE (Include Area Code)	d. FAX (Include Area Code)
7. REASON FOR REQUEST/USE OF MEDICAL INFORMATION (X as applicable) ☐ PERSONAL USE ☐ CONTINUED MEDICAL CARE ☐ SCHOOL ☒ OTHER (Specify) Pre-placement, Fit for duty, Medical qualification or Medical Surveillance exams ☐ INSURANCE ☐ RETIREMENT/SEPARATION ☐ LEGAL	

8. INFORMATION TO BE RELEASED

Copies of physical examination and supporting documentation (i.e. labs, test results, etc) related to physical and mental evaluation for physical year from authorization start date to authorization expiration date.

9. AUTHORIZATION START DATE (YYYYMMDD)	10. AUTHORIZATION EXPIRATION ☐ DATE (YYYYMMDD) ☐ ACTION COMPLETED
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SECTION III - RELEASE AUTHORIZATION

I understand that:

a. I have the right to revoke this authorization at any time. My revocation must be in writing and provided to the facility where my medical records are kept or to the TMA Privacy Officer if this is an authorization for information possessed by the TRICARE Health Plan rather than an MTF or DTF. I am aware that if I later revoke this authorization, the person(s) I herein name will have used and/or disclosed my protected information on the basis of this authorization.

b. If I authorize my protected health information to be disclosed to someone who is not required to comply with federal privacy protection regulations, then such information may be re-disclosed and would no longer be protected.

c. I have a right to inspect and receive a copy of my own protected health information to be used or disclosed, in accordance with the requirements of the federal privacy protection regulations found in the Privacy Act and 45 CFR 164.524.ss

d. The Military Health System (which includes the TRICARE Health Plan) may not condition treatment in MTFs/DTFs, payment by the TRICARE Health Plan, enrollment in the TRICARE Health Plan or eligibility for TRICARE Health Plan benefits on failure to obtain this authorization.

I request and authorize the named provider/treatment facility/TRICARE Health Plan to release the information described above to the named individual/organization indicated.

11. SIGNATURE OF PATIENT/PARENT/LEGAL REPRESENTATIVE	12. RELATIONSHIP TO PATIENT (If applicable)	13. DATE (YYYYMMDD)
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SECTION IV - FOR STAFF USE ONLY (To be completed only upon receipt of written revocation)

14. X IF APPLICABLE: ☐ AUTHORIZATION REVOKED	15. REVOCATION COMPLETED BY	16. DATE (YYYYMMDD)
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17. IMPRINT OF PATIENT IDENTIFICATION PLATE WHEN AVAILABLE Last name, First name: DOB: DoD ID#: Date:	SPONSOR NAME: SPONSOR RANK: FMP/SPONSOR SSN: BRANCH OF SERVICE: PHONE NUMBER:
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**FOX ARMY HEALTH CENTER
OCCUPATIONAL MEDICINE**

**OSHA Respirator Medical Evaluation Questionnaire
(Mandatory)**

SSN: _____ / _____ / _____

To the employer: Answers to questions in Section 1, and to question 9 in Section 2 of Part A, do not require a medical examination.

To the employee:

Can you read? (select one):

Yes ☐ No ☐

Your employer must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your employer or supervisor must not look at or review your answers, and your employer must tell you how to deliver or send this questionnaire to the health care professional who will review it.

Part A. Section 1. (Mandatory) The following information must be provided by every employee who has been selected to use any type of respirator (please print). Today's date _____

Name _____

Male/ Female

Job Title _____

Age _____

(circle one)

Height (ft, in) _____

Weight (lbs) _____

A phone number where you can be reached by the health care professional who reviews this questionnaire (include the Area Code):

The best time to phone you at this number:

Has your employer told you how to contact the health care professional who will review this questionnaire (select one):

Yes ☐ No ☐

Check the type of respirator you will use (you can check more than one category):

a. _____ N, R, or P disposable respirator (filter-mask, non-cartridge type only). b. _____ Other type ☐ half- face ☐ full-facepiece type,	☐ powered-air purifying, ☐ supplied-air, ☐ self-contained breathing apparatus.
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Have you worn a respirator (select one):

Yes ☐ No ☐

If "yes," what type(s): _____

Part A. Section 2. (Mandatory) Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator (please select "yes" or "no").

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month Yes ☐ No ☐

2. Have you ever had any of the following conditions?

Seizures (fits)	Yes ☐	No ☐
Diabetes (sugar disease)	Yes ☐	No ☐
Allergic reactions that interfere with your breathing	Yes ☐	No ☐
Claustrophobia (fear of closed-in places)	Yes ☐	No ☐
Trouble smelling odors	Yes ☐	No ☐

3. Have you ever had any of the following pulmonary or lung problems?

Asbestosis	Yes ☐	No ☐
Asthma	Yes ☐	No ☐
Chronic bronchitis:	Yes ☐	No ☐
Emphysema:	Yes ☐	No ☐
Pneumonia	Yes ☐	No ☐
Tuberculosis	Yes ☐	No ☐
Silicosis	Yes ☐	No ☐
Pneumothorax (collapsed lung)	Yes ☐	No ☐
Lung cancer	Yes ☐	No ☐
Broken ribs:	Yes ☐	No ☐
Any chest injuries or surgeries:	Yes ☐	No ☐
Any other lung problem that you've been told about:	Yes ☐	No ☐

4. Do you currently have any of the following symptoms of pulmonary or lung illness?

Shortness of breath:	Yes ☐	No ☐
Shortness of breath when walking fast on level ground or walking up a slight hill or incline	Yes ☐	No ☐
Shortness of breath when walking with other people at an ordinary pace on level ground:	Yes ☐	No ☐
Have to stop for breath when walking at your own pace on level ground:	Yes ☐	No ☐
Shortness of breath when washing or dressing yourself:	Yes ☐	No ☐
Shortness of breath that interferes with your job:	Yes ☐	No ☐
Coughing that produces phlegm (thick sputum):	Yes ☐	No ☐
Coughing that wakes you early in the morning:	Yes ☐	No ☐
Coughing that occurs mostly when you are lying down:	Yes ☐	No ☐
Coughing up blood in the last month:	Yes ☐	No ☐
Wheezing:	Yes ☐	No ☐
Wheezing that interferes with your job:	Yes ☐	No ☐
Chest pain when you breathe deeply:	Yes ☐	No ☐
Any other symptoms that you think may be related to lung	Yes ☐	No ☐

5. Have you ever had any of the following cardiovascular or heart problems?

Heart attack	Yes ☐	No ☐
Stroke:	Yes ☐	No ☐
Angina:	Yes ☐	No ☐
Heart failure:	Yes ☐	No ☐
Swelling in your legs or feet (not caused by walking):	Yes ☐	No ☐
Heart arrhythmia (heart beating irregularly):	Yes ☐	No ☐
High blood pressure:	Yes ☐	No ☐
Any other heart problem that you've been told about:	Yes ☐	No ☐

6. Have you ever had any of the following cardiovascular or heart symptoms?

Frequent pain or tightness in your chest	Yes ☐	No ☐
Pain or tightness in your chest during physical activity	Yes ☐	No ☐
Pain or tightness in your chest that interferes with your job	Yes ☐	No ☐
In the past two years, have you noticed your heart skipping or missing a beat :	Yes ☐	No ☐
Heartburn or symptoms that is not related to eating	Yes ☐	No ☐
Any other symptoms that you think may be related to heart or circulation problems:	Yes ☐	No ☐

7. Do you currently take medication for any of the following problems?

Breathing or lung problems:

Yes ☐ No ☐

Heart trouble:

Yes ☐ No ☐

Blood pressure:

Yes ☐ No ☐

Seizures (fits):

Yes ☐ No ☐

8. If you've used a respirator, have you ever had any of the following problems? (If you've never used a respirator, check the following space and go to question 9)

Eye irritation:

Yes ☐ No ☐

Skin allergies or rashes:

Yes ☐ No ☐

Anxiety:

Yes ☐ No ☐

General weakness or fatigue:

Yes ☐ No ☐

Any other problem that interferes with your use of a respirator:

Yes ☐ No ☐

9. Would you like to talk to the health care professional who will review this questionnaire about your answers to this questionnaire:

Yes ☐ No ☐

Questions 10-15 below must be answered by every employee who has been selected to use either a *full-facepiece* respirator or a *self-contained breathing apparatus (SCBA)*. For employees who have been selected to use other types of respirators, answering these questions is voluntary.

10. Have you ever lost vision in either eye (temporarily or permanently):

Yes ☐ No ☐

11. Do you currently have any of the following vision problems?

Wear contact lenses:

Yes ☐ No ☐

Wear glasses:

Yes ☐ No ☐

Color blind:

Yes ☐ No ☐

Any other eye or vision problem:

Yes ☐ No ☐

12. Have you ever had an injury to your ears, including a broken ear drum:

Yes ☐ No ☐

13. Do you currently have any of the following hearing problems?

Difficulty hearing:

Yes ☐ No ☐

Wear a hearing aid:

Yes ☐ No ☐

Any other hearing or ear problem:

Yes ☐ No ☐

14. Have you ever had a back injury:

Yes ☐ No ☐

15. Do you currently have any of the following musculoskeletal problems?

Weakness in any of your arms, hands, legs, or feet:

Yes ☐ No ☐

Back pain:

Yes ☐ No ☐

Difficulty fully moving your arms and legs:

Yes ☐ No ☐

Pain or stiffness when you lean forward or backward at the waist:

Yes ☐ No ☐

Difficulty fully moving your head up or down:

Yes ☐ No ☐

Difficulty fully moving your head side to side:

Yes ☐ No ☐

Difficulty bending at your knees:

Yes ☐ No ☐

Difficulty squatting to the ground:

Yes ☐ No ☐

Climbing a flight of stairs or a ladder carrying more than 25 lbs:

Yes ☐ No ☐

Any other muscle or skeletal problem that interferes with using a respirator:

Yes ☐ No ☐

Part B Any of the following questions, and other questions not listed, may be added to the questionnaire at the discretion of the health care professional who will review the questionnaire.

1. In your present job, are you working at high altitudes (over 5,000 feet) or in a place that has lower than normal amounts of oxygen: Yes ☐ No ☐

If "yes," do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you're working under these conditions: Yes ☐ No ☐

2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g., gases, fumes, or dust), or have you come into skin contact with hazardous chemicals: Yes ☐ No ☐

If "yes," name the chemicals if you know them: _____

Have you ever worked with any of the materials, or under any of the conditions, listed below:

Substance/Conditions

Description of exposure (only if answer is yes)

Asbestos	Yes ☐	No ☐
Silica (e.g., in sandblasting)	Yes ☐	No ☐
Tungsten/cobalt (e.g., grinding or welding this material)	Yes ☐	No ☐
Beryllium:	Yes ☐	No ☐
Aluminum	Yes ☐	No ☐
Coal (for example, mining)	Yes ☐	No ☐
Iron:	Yes ☐	No ☐
Tin:	Yes ☐	No ☐
Dusty environments:	Yes ☐	No ☐
Any other hazardous exposures:	Yes ☐	No ☐

4. List any second jobs or side businesses you have: _____

5. List your previous occupations: _____

6. List your current and previous hobbies: _____

7. Have you been in the military services? Yes ☐ No ☐

If "yes," were you exposed to biological or chemical agents (either in training or combat):

Yes ☐ No ☐

8. Have you ever worked on a HAZMAT team? Yes ☐ No ☐

9. Other than medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications): Yes ☐ No ☐

If "yes," name the medications if you know them: _____

10. Will you be using any of the following items with your respirator(s)?

HEPA Filters:

Yes ☐ No ☐

b. Canisters (for example, gas masks):

Yes ☐ No ☐

c. Cartridges:

Yes ☐ No ☐

11. How often are you expected to use the respirator(s) (select "yes" or "no" for all answers that apply to you)?:

a. Escape only (no rescue):

Yes ☐ No ☐

b. Emergency rescue only:

Yes ☐ No ☐

c. Less than 5 hours per week:

Yes ☐ No ☐

d. Less than 2 hours per day:

Yes ☐ No ☐

e. 2 to 4 hours per day:

Yes ☐ No ☐

f. Over 4 hours per day:

Yes ☐ No ☐

12. During the period you are using the respirator(s), is your work effort:

Light (less than 200 kcal per hour):

Yes ☐ No ☐

If "yes," how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of a light work effort are sitting while writing, typing, drafting, or performing light assembly work; or standing while operating a drill press (1-3 lbs.) or controlling machines

Moderate (200 to 350 kcal per hour):

Yes ☐ No ☐

If "yes," how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of moderate work effort are sitting while nailing or filing; driving a truck or bus in urban traffic; standing while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; walking on a level surface about 2 mph or down a 5-degree grade about 3 mph; or pushing a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

Heavy (above 350 kcal per hour):

Yes ☐ No ☐

If "yes," how long does this period last during the average shift: _____ hrs. _____ mins.

Examples of heavy work are lifting a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock; shoveling; standing while bricklaying or chipping castings; walking up an 8-degree grade about 2 mph; climbing stairs with a heavy load (about 50 lbs.).

13. Will you be wearing protective clothing and/or equipment (other than the respirator) when you're using your respirator: Yes ☐ No ☐

If "yes," describe this protective clothing and/or equipment: _____

14. Will you be working under hot conditions (temperature exceeding 77 deg. F): Yes ☐ No ☐

15. Will you be working under humid conditions:

Yes ☐ No ☐

16. Describe the work you'll be doing while you're using your respirator(s): _____

17. Describe any special or hazardous conditions you might encounter when you're using your respirator(s)
(for example, confined spaces, life-threatening gases):

18. Provide the following information, if you know it, for each toxic substance that you'll be exposed to when
you're using your respirator(s):

Name of Toxic Substance	Estimated maximum Exposure level per shift	Duration of exposure per shift

The name of any other toxic substances that you'll be exposed to while using your respirator:

19. Describe any special responsibilities you'll have while using your respirator(s) that may affect the safety
and well-being of others (for example, rescue, security):

To the best of my knowledge, the information I have provided is true and accurate.

Employee Name

Date

Employee Signature

Employee name: _____ Age _____ Sex _____ Date of birth: _____

Agency: _____ Work location: _____ Job title: _____

Supervisor's name: _____ Supervisor's phone: _____ fax: _____

Type of respirator use requested: ___ disposable, ___ negative pressure (cartridge), ___ PAPR, ___ airline, ___ SCBA

I. Basis for recommendations on respirator clearance:

Recommendations below on medical clearance for respirator use are based on a review of (check all that apply):

☐ Mandatory OSHA Respirator Medical Evaluation Questionnaire

☐ Records of a medical examination, including physical exam, done on: _____

☐ Additional information supplied by employee's personal physician.

☐ Other information (specify): _____

II. Recommendations on medical clearance for respirator use: (Choose A, B or C below)

☐ **A. The employee is given medical clearance to use the following respirator(s) under the conditions noted (choose all that apply)**

☐ N, R or P disposable respirator (filter-mask, non-cartridge type only)	☐ Supplied air (air line) respirator
☐ Negative pressure air-purifying (cartridge) respirator -- either half- or full-face	☐ Self-contained breathing apparatus (SCBA)
☐ Powered air purifying respirator (PAPR) -- either half or full face	

When using respirators, the employee is approved to perform the following (choose one)

☐ Mild exertion /low heat stress

☐ Escape only

☐ Moderate exertion

☐ Normal job duties

☐ Heavy exertion

☐ Other Activity _____

Mild exertion (2-3 mets) e.g. lifting up to 10 lbs, extended walking on a flat surface, extended standing

Moderate exertion (4-5 mets) e.g. lifting 10 lbs, 5 lifts per min, fast walking (4 mph), gardening/digging, pushing, pulling

Heavy exertion (5-10 mets) e.g. jogging (10 min/mi), chopping wood, climbing hills, life-saving activities, fire fighting

This respirator clearance expires (select one) _____ years from the date below (If not marked, clearance expires in 1 year)

☐ **B. The employee is not given medical clearance for respirator use because more information is needed (Specify what is needed to make a decision)**

☐ 1. A medical examination, including a physical exam*, is needed to make a decision*

*- Please use the FOH Medical Surveillance Health History and Physical Evaluation forms for this

☐ 2. The following additional information is needed for review (specify what): _____

☐ **C. The employee is not given medical clearance for respirator use because of the health problems as noted below (choose one below)**

☐ 1. A temporary health problem (which should be reevaluated in _____ months)

☐ 2. A health problem that appears permanent (routine re-evaluation is not needed)

Examiner / Reviewer Name (Print)

Phone number for questions

Examiner / Reviewer Signature

Date: